

Before use, pop lid off, remove seal, and discard oxygen absorber.

Directions: Use same amount as with fresh herbs. Rehydration not necessary before use.

Shelf Life: 25 years. Best within 1 year of opening.

THRIVE[™] Seasonings

Ingredients: Parsley

FRESH FLAVOR THAT LASTS

HERBS

FRESH FLAVOR THAT LASTS

Instantly freeze dried for the unmatched flavor of fresh herbs without the hassle, THRIVE Parsley goes great in dishes like chowder, rice pilaf, omelets, or risotto.

www.EatThrive.com



5279
US1979C2

Certified



Gluten-Free

Parsley
FREEZE DRIED



NET WT 0.38 OZ (11g)

Nutrition Facts Serv. Size 1/4 tsp (0.1 g), Amount Per Serving. **Calories** 0, **Total Fat** 0g (0% DV), **Cholest.** 0mg (0% DV), **Sodium** 0mg (0% DV), **Total Carb.** 0g (0% DV), **Protein** 0g (0% DV), **Iron** (20% DV). Not a significant source of calories, total fat, saturated fat, trans fat, cholesterol, sodium, total carbohydrate, fiber, sugars, protein, vitamin A, vitamin C, calcium. Percent Daily Values (DV) are based on a 2,000 calorie diet.


THRIVE
LIFE

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