



Every THRIVE™ purchase helps reduce world hunger. Thriving Nations™ creates greater nutritional self-sufficiency around the world by teaching impoverished people how to diversify crops, increase food production, and create healthier dietary practices. Five percent of all THRIVE™ profits are donated to this cause.

## Tomato

### Preparation Instructions:

Shake well prior to each use. Slowly add ½ cup Tomato sauce mix to 2 cups hot water, stirring well to incorporate. Simmer for 2–3 minutes and allow to rest 1–2 minutes. Makes 8 servings.

### Bolognese Sauce

#### Ingredients:

- 1 c. THRIVE Ground Beef (FD)
- 1 tbsp. garlic
- 2 tbsp. butter
- ¼ c. red wine
- 2 tbsp. THRIVE Carrot Dices
- ¼ c. THRIVE Chopped Onions (FD)
- ¼ c. THRIVE Celery (FD)
- 1 tsp. THRIVE Italian Seasoning Blend (FD)
- ½ tsp. THRIVE Chef's Choice Seasoning Blend
- ½ c. THRIVE Tomato sauce, dry
- 2¾ c. water

Measure out all ingredients. Reconstitute ground beef by soaking in ½ cup water about 5 minutes. Do not drain. Sauté garlic in butter until softened. Deglaze with red wine and reduce by half. Add carrots, onions, celery, and beef and reduce until syrupy. Add remaining ingredients and bring to a simmer. Simmer on low for 8–10 minutes.



### Mother Sauces

THRIVE provides you with four essential mother sauces that are the foundation for virtually any sauce, soup, or filling! Made from the highest quality ingredients to achieve a superior taste experience, THRIVE Sauces are the quick and easy way to turn any dish into a gourmet meal.

### Visit [www.ThriveLife.com/sauces](http://www.ThriveLife.com/sauces)

for other delicious Tomato sauce recipes, like:

**Marinara**  
**Tomato Bisque**

# THRIVE Sauces

## Tomato



Serving Suggestion

Net Wt 20.3 oz (1.26 lb) 576g

64  
SERVINGS



Classic Tomato Sauce

THRIVE™ [www.EatThrive.com](http://www.EatThrive.com)

## Nutrition Facts

Serving Size 1 Tbsp. (9g)

(Makes ¼ cup prepared)

Serving Per Container About 64

### Amount Per Serving

Calories 35    Calories from Fat 5

% Daily Value\*

**Total Fat** 0.5g    **1%**

Saturated Fat 0g    **0%**

Trans Fat 0g

**Cholesterol** 0mg    **0%**

**Sodium** 190mg    **8%**

**Total Carbohydrate** 6g    **2%**

Dietary Fiber 0g    **0%**

Sugars 3g

**Protein** 1g

Vitamin A 0%    •    Vitamin C 6%

Calcium 2%    •    Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet.

### Tomato

This rich red sauce is a staple for quick and easy pasta, pizza, or tomato soup!

### Shelf Life: 10 Years

Best if used within 1 year of opening to maintain life sustaining nutritional value under optimal storage conditions. Opened \_\_\_\_/\_\_\_\_/\_\_\_\_.

**INGREDIENTS:** TOMATO POWDER, FOOD STARCH-MODIFIED, SUGAR, MILK FAT, WHEY, SALT, SWEET CREAM, GARLIC POWDER, ONION POWDER, SPICES, NONFAT MILK SOLIDS, NONFAT MILK, CARROT POWDER, DEXTROSE, SODIUM CASEINATE, DISODIUM PHOSPHATE, MALTODEXTRIN, NATURAL FLAVOR, YEAST EXTRACT, CITRIC ACID, SILICON DIOXIDE (ANTI-TACKING AGENT), ANNATTO COLOR.

### CONTAINS: MILK

PROCESSED IN A FACILITY THAT HANDLES MILK, EGG, SOY, WHEAT, & TREE NUT PRODUCTS.



### Distributed By:

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