

Beef Slices

Nutrition Facts	
25 servings per container	
Servings size	1/2 cup (24g)
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 320mg	14%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 31mg	2%
Iron 1mg	6%
Potassium 210mg	4%

* The % Daily Value (DV) Tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BEEF, SALT.

CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.
Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003

Seasoned meat cooked and chopped to perfection. It's simply beef!

Cook with BBQ sauce

Stir into stew

Top a stir fry

However you want! Show us your creations at thrivelife.com/recipes

CHEF BITES

Add 1/2 cup of water to 1 cup of beef and let sit for 15-20 minutes until tender. Or simply toss into any creation, and off you go!

FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates, and enjoy tasty food anytime you want.



BEEF SLICES
COOKED AND SEASONED



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Net Wt. 21.16 oz (1.32 lb) 600g

Serving Suggestion

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