

Fuji Apples

Nutrition Facts

20 servings per container

Servings size 1/2 cup (12g)

Amount per serving
Calories 40

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 10g 4%

Dietary Fiber 0g 0%

Total Sugars 7g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 0mcg 0%

Calcium 1mg 0%

Iron 0mg 0%

Potassium 13mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FUJI APPLES, ASCORBIC ACID, CITRIC ACID.

Processed in a facility that handles milk, egg, soy, wheat, & coconut products.
CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.
Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003

Crunchified and sliced into sweet whole fruit chips. It's simply a Fuji apple!

Snack from the can

Bake in a pie

Dip into a cheese ball

However you want! Show us your creations at thrive.life.com/recipes

CHEF BITES

Add ½ cup of water to 1 cup of apples and let sit until tender. Or simply toss into any creation, and off you go!

FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates, and enjoy tasty food anytime you want.



FUJI APPLES



FUJI APPLES



Net Wt. 8.46 oz (0.52 lb) 240g

Glue

Glue

Glue