



Every THRIVE™ purchase helps reduce world hunger. Thriving Nations™ creates greater nutritional self-sufficiency around the world by teaching impoverished people how to diversify crops, increase food production, and create healthier dietary practices. Five percent of all THRIVE™ profits are donated to this cause.

**THRIVE™**



Buying and preparing quality food should be easy. With THRIVE™, it is! The THRIVE™ food line consists of convenient, versatile foods that are practical for daily cooking. Each product also has an extended shelf life, making THRIVE™ great for food storage. THRIVE™ foods are nutrient-rich and natural, so you can be confident you are providing your family with proper nutrition.

- T** Grains
- H** Vegetables
- R** Fruits
- I** Milk
- V** Meat & Beans
- E** Basics

## Green Chili Peppers

### Rehydration Instructions:

Add 1 cup of THRIVE™ Green Chili Peppers to ½ cup of water. Add more water until moist, but not soggy.

### Creamy Green Enchilada Sauce

(This is not a gluten-free recipe)

#### Ingredients:

- 1 ½ c. THRIVE™ Green Chili Peppers (FD), dry
- 3 tbsp. water
- 1 c. THRIVE™ Sour Cream Powder, prepared
- 1 ½ c. THRIVE™ Shredded Mozzarella Cheese (FD),
- 1 can cream of chicken soup.

Place dry chilies in a food processor. Process until powder forms, and then add water to hydrate chili powder. Add chilies, sour cream, and soup together. Mix in mozzarella. Serve over enchiladas

Find recipes, planning tools, and more at [www.EatThrive.com](http://www.EatThrive.com)



#### Based on a trusted model.

Trusted Foods. A Trusted Standard. THRIVE™ provides high-quality, nutritious foods for both daily use and long-term storage.

CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.

# THRIVE™

PREMIUM FREEZE DRIED

VEGGIES



Green Chili Peppers

FREEZE DRIED

48 SERVINGS

Net Wt 3.39 oz (0.21 lb) 96g



FREEZE DRIED

Green Chili Peppers

**THRIVE™** [www.EatThrive.com](http://www.EatThrive.com)

## Nutrition Facts

Serving Size ¼ cup (2g)  
Servings Per Container 48

### Amount Per Serving

Calories 10      Calories from Fat 0

**% Daily Value\***

**Total Fat** 0g      **0%**

Saturated Fat 0g      **0%**

Trans Fat 0g

**Cholesterol** 0mg      **0%**

**Sodium** 0mg      **0%**

**Total Carbohydrate** 1g      **0%**

Dietary Fiber 0g      **0%**

Sugars 1g

**Protein** 0g

Vitamin A 4%      • Vitamin C 110%

Calcium 0%      • Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000      2,500

Total Fat      Less than: 65g      80g

Sat Fat      Less than: 20g      25g

Cholesterol      Less than: 300mg      300mg

Sodium      Less than: 2,400mg      2,400mg

Total Carbohydrate      300g      375g

Dietary Fiber      25g      30g

## Vegetables

### Suggested Storage Amount:

The USDA recommends 2–4 servings of fruits and vegetables per adult per day.

### Usage Suggestions:

THRIVE™ Green Chili Peppers are just the thing to spice up any of your favorite foods. Try using green chilies in salsas, stir-fry, and soups. The bold taste will give a kick to your typical meal

### Shelf Life: 25 years

Best if used within 1 year of opening to maintain life sustaining nutritional value under optimal storage conditions.

Opened \_\_\_\_/\_\_\_\_/\_\_\_\_.

### INGREDIENTS: GREEN CHILI PEPPERS.

PROCESSED IN A FACILITY THAT HANDLES MILK, EGG, SOY, WHEAT, AND TREE NUT PRODUCTS.



### Distributed By:

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