

## Chicken Slices

### Nutrition Facts

22 servings per container

**Servings size** 1/2 cup (23g)

**Amount per serving**  
**Calories** **110**

% Daily Value\*

**Total Fat** 3.5g **4%**

Saturated Fat 1g **5%**

Trans Fat 0g

**Cholesterol** 55mg **18%**

**Sodium** 350mg **15%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 19g

Vitamin D 0mcg 0%

Calcium 8mg 0%

Iron 1mg 6%

Potassium 222mg 4%

\* The % Daily Value (DV) Tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** CHICKEN WHITE MEAT, SALT.

**CAUTION:** This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.

Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003

Cooked white chicken breasts sliced and seasoned for a burst of flavor. It's cooking made simple!

Mix into pasta

Stir into soup

Fold into a chicken wrap

However you want! Show us your creations at [thrivelife.com/recipes](http://thrivelife.com/recipes)

#### CHEF BITES

Add 1/3 cup of warm water to 1 cup of chicken and let sit 10-15 minutes until tender. Or simply toss into any creation, and off you go!

#### FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates, and enjoy tasty food anytime you want.



CHICKEN SLICES

COOKED SEASONED WHITE MEAT



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Net Wt. 17.4 oz. (1.11 lb) 506g

Serving Suggestion

Glue

Glue

Glue