



Every THRIVE™ purchase helps reduce world hunger. Thriving Nations™ creates greater nutritional self-sufficiency around the world by teaching impoverished people how to diversify crops, increase food production, and create healthier dietary practices. Five percent of all THRIVE™ profits are donated to this cause.

THRIVE™



Buying and preparing quality food should be easy. With THRIVE™, it is! The THRIVE™ food line consists of convenient, versatile foods that are practical for daily cooking. Each product also has an extended shelf life, making THRIVE™ great for food storage. THRIVE™ foods are nutrient-rich and natural, so you can be confident you are providing your family with proper nutrition.

- T Grains
- H Vegetables
- R Fruits
- I Milk
- V Meat & Beans
- E Basics



Based on a trusted model.

Trusted Foods. A Trusted Standard. THRIVE™ provides high-quality, nutritious foods for both daily use and long-term storage.

CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.

Creamy Tomato Soup

Ingredients:

- 2 tbsp. THRIVE™ Butter Powder, reconstituted
- 1 c. THRIVE™ Chopped Onions, rehydrated
- 2 garlic cloves, minced
- 1 can (14.5 oz.) stewed tomatoes
- 4 oz cream cheese, cubed
- 3 cans (10 ¾ oz. each) tomato soup, undiluted
- 2 cans (11.5 oz. each) V8 juice
- 2 tbsp. THRIVE™ Tomato Powder
- 1 c. half-and-half
- ¼ tsp. dried basil

In a large pan, melt the butter and add the garlic and chopped onions. Sauté until the onions become translucent.

Combine the garlic, onions, stewed tomatoes, and cream cheese in a blender or food processor. Cover and process until smooth; set aside.

In a large soup pot, whisk together the tomato soup, V8 juice, and THRIVE™ Tomato Powder until well blended. Gradually add the cream cheese mixture, half-and-half, and basil.

Stir until all ingredients are well combined. Cook and stir over medium heat until heated through.

Makes 4 to 6 servings.

Find recipes, planning tools, and more at www.EatThrive.com

Tomato Powder

THRIVE™

VEGGIES



Tomato Powder

86

SERVINGS

Net Wt 60.6 oz (3.79 lb) 1720g



Tomato Powder

THRIVE™ www.EatThrive.com

Nutrition Facts

Serving Size 2 tbsp (20g)
Servings Per Container About 86

Amount Per Serving

Calories 70 Calories from Fat 0

Total Fat 0g **% Daily Value*** 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 15mg 1%

Total Carbohydrate 14g 5%

Dietary Fiber 2g 6%

Sugars 9g

Protein 2g

Vitamin A 40% • Vitamin C 25%

Calcium 4% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than: 65g 80g

Sat Fat Less than: 20g 25g

Cholesterol Less than: 300mg 300mg

Sodium Less than: 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Vegetables

Suggested Storage Amount:

The USDA recommends 2-4 servings of fruits and vegetables per adult per day.

Usage Suggestions:

Use THRIVE™ Tomato Powder to make the perfect tomato paste for chili, spaghetti, gumbo, and enchiladas. Spice it up with garlic or fresh herbs from the garden.

Shelf Life: 8 Years

Best if used within 1 year of opening to maintain life sustaining nutritional value under optimal storage conditions.

Opened ___/___/___.

INGREDIENTS: TOMATOES.

PROCESSED IN A FACILITY THAT HANDLES MILK, EGG, SOY, WHEAT, AND TREE NUT PRODUCTS.



Distributed By:

Thrive Life
691 South Auto Mall Drive
American Fork, Utah 84003
www.ThriveLife.com



NET WT 60.6 OZ (3.79 LB) 1720g

Glue

Glue

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