



Every THRIVE™ purchase helps reduce world hunger. Thriving Nations™ creates greater nutritional self-sufficiency around the world by teaching impoverished people how to diversify crops, increase food production, and create healthier dietary practices. Five percent of all THRIVE™ profits are donated to this cause.

# THRIVE™

THRIVE™ [www.EatThrive.com](http://www.EatThrive.com)

THRIVE™



Find recipes, planning tools, and more at  
[www.EatThrive.com](http://www.EatThrive.com)

Scrambled Egg Mix Dried Egg Product



Serving Suggestion

Net Wt 12.0 oz (341g)



Scrambled Egg Mix Dried Egg Product

31 SERVINGS

T984

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## Nutrition Facts

Serving Size 2 Tbsp., Dry (11g)  
Serving Per Container 31

Amount Per Serving		% Daily Value*	
Calories 60	Calories from Fat 40		
<b>Total Fat</b> 4.5g			<b>7%</b>
Saturated Fat 1.5g			<b>7%</b>
Trans Fat 0g			
<b>Cholesterol</b> 215mg			<b>71%</b>
<b>Sodium</b> 60mg			<b>2%</b>
<b>Total Carbohydrate</b> 0g			<b>0%</b>
Dietary Fiber 0g			<b>0%</b>
Sugars 0g			
<b>Protein</b> 5g			<b>10%</b>

Vitamin A 6% • Vitamin C 0%  
Calcium 2% • Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than: 65g	80g
Sat Fat	Less than: 20g	25g
Cholesterol	Less than: 300mg	300mg
Sodium	Less than: 2,400mg	2,400mg
Total Carbohydrate	300g	300g
Dietary Fiber	25g	30g

INGREDIENTS: WHOLE EGG YOLKS, DRIED EGG WHITES (GLUCOSE REMOVED FOR STABILITY). **CONTAINS EGGS.**

## Scrambled Egg Mix

### Preparation Instructions:

To reconstitute the equivalent of one egg: mix 2 tablespoons of THRIVE™ Scrambled Egg Mix with 3 tablespoons of water. Mix thoroughly.

### Usage Suggestions:

THRIVE™ Scrambled Egg Mix provides the delicious taste of fresh eggs with the convenience and extended shelf life of THRIVE™ foods. THRIVE™ Scrambled eggs have no preservatives and whip up quickly for use in all your egg dishes.

### Shelf Life: 7 Years

Best if used within 1 year of opening to maintain life sustaining nutritional value under optimal storage conditions.

Opened / /



### Distributed By:

Thrive Life  
691 South Auto Mall Drive  
American Fork, Utah 84003  
[www.ThriveLife.com](http://www.ThriveLife.com)



\*Minimally processed, no artificial ingredients.

CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.