

Grilled Seasoned Chicken

Nutrition Facts	
23 servings per container	
Serving size	1/2 cup (19g)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 340mg	15%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 0mg	0%
Potassium 167mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, SALT, POTATO STARCH, ONION, GARLIC POWDER, SPICE.

CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.
Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003

Seasoned, grilled and perfectly sliced. It's simply chicken!

Top a salad

Mix into fettuccine

Smother in BBQ sauce

However you want! Show us your creations at thrivelife.com/recipes

CHEF BITES

Add ½ cup of hot water to 1 cup of Grilled Seasoned Chicken and let sit for 3-4 minutes. Or simply toss into any creation, and off you go!

FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates and enjoy tasty food anytime you want.



GRILLED SEASONED CHICKEN
BREAST MEAT STRIPS WITH RIB MEAT



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Net Wt. 15.41 oz (0.96 lb) 437g

Serving Suggestion