



Every THRIVE™ purchase helps reduce world hunger. Thriving Nations™ creates greater nutritional self-sufficiency around the world by teaching impoverished people how to diversify crops, increase food production, and create healthier dietary practices. Five percent of all THRIVE™ profits are donated to this cause.

THRIVE™ www.EatThrive.com

THRIVE™

Just Add Water



Seasonal Favorites

The Pure Goodness of Cocoa



Our premium in-house cocoa blend is made of the finest ingredients and flavors, from the THRIVE Instant Milk and dash of coconut water that create the creamy texture to the hint of our Pure Vanilla Powder that makes for irresistible flavor. With no artificial colors or flavors, you're tasting the pure goodness of hot cocoa as it was meant to be.

Chocolate Milkshake

Yield: 4 servings
Preparation Time: 5 min.

INGREDIENTS:

- 1 1/4 c. THRIVE Instant Milk, reconstituted
- 6 tbsp. THRIVE Gourmet Hot Cocoa
- 2 c. vanilla bean ice cream
- 3/4 c. ice cubes

DIRECTIONS:

Add milk and cocoa to a blender and blend well. Add ice cream and ice and blend until smooth.



Gourmet Hot Cocoa

Serving Suggestion



Net Wt 5.15 lb (2340g)

HOT COCOA DRINK MIX

78

SERVINGS

Gourmet Hot Cocoa

Gourmet Hot Cocoa

Nutrition Facts

Serving Size 2 1/2 tbsp. (30g)
Servings Per Container About 78

Amount Per Serving

Calories 120 Calories from Fat 0

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 280mg **12%**

Total Carbohydrate 27g **9%**

Dietary Fiber 1g **4%**

Sugars 25g

Protein 3g

Vitamin A 2% • Vitamin C 0%

Calcium 10% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than:	65g	80g
Sat Fat	Less than:	20g	25g
Cholesterol	Less than:	300mg	300mg
Sodium	Less than:	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Total Fat	Less than:	65g	80g
Sat Fat	Less than:	20g	25g
Cholesterol	Less than:	300mg	300mg
Sodium	Less than:	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Gourmet Hot Cocoa

Preparation Instructions:

Add 3/4 cup hot water to 2 1/2 tablespoons of THRIVE Gourmet Hot Cocoa and stir.

Shelf Life: 5 Years

INGREDIENTS: CANE SUGAR, SWEET WHEY, INSTANT NONFAT DRY MILK (NONFAT MILK SOLIDS, VITAMIN A PALMITATE, VITAMIN D3), COCOA (PROCESSED WITH ALKALI), FREEZE-DRIED COCONUT WATER CONCENTRATE, TAPIOCA DEXTRIN, VANILLA EXTRACT POWDER (VANILLA BEAN EXTRACTIVES, SUGAR, CORN STARCH, TRICALCIUM PHOSPHATE, GLYCERINE), SALT, CELLULOSE GUM, GUAR GUM, NATURAL FLAVOR.

CONTAINS: MILK AND COCONUT.

NON-GMO: NO BIOENGINEERED INGREDIENTS.

PROCESSED IN A FACILITY THAT HANDLES MILK, EGG, SOY, WHEAT, AND TREE NUT PRODUCTS.

CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.



Distributed By:

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