



Every THRIVE™ purchase helps reduce world hunger. Thriving Nations™ creates greater nutritional self-sufficiency around the world by teaching impoverished people how to diversify crops, increase food production, and create healthier dietary practices. Five percent of all THRIVE™ profits are donated to this cause.

Velouté

Preparation Instructions:

Slowly add ½ cup Velouté sauce mix to 2 cups hot water, stirring well to incorporate. Simmer for 2–3 minutes and serve. Makes 8 servings.

Creamy Mushroom Sauce

Ingredients:

- 2 tbsp. butter
- 1 tbsp. garlic, minced
- 1 c. THRIVE Mushroom Pieces (FD)
- ¼ tsp. THRIVE Chef's Choice Seasoning Blend
- 1 tbsp. THRIVE Chopped Onions (FD)
- ½ c. white wine (or chicken stock)
- ½ tbsp. THRIVE Salad Seasoning Blend (FD)
- 2½ c. water
- ½ c. THRIVE Velouté sauce, dry
- ¼ c. heavy cream

In a small saucepan, sweat butter and garlic. Add mushrooms, seasoning, and onions and stir well. Add white wine and reduce until dry. Stir in salad blend. Add ½ cup water and reduce by half. Add remaining water and sauce mix and bring to a simmer for 2–3 minutes. Add cream and bring to a simmer for 1 minute. Allow to stand for a few minutes before serving. Makes 10 servings. Serve over meats or pasta, or in potato or casserole recipes.



ESPAGNOLE



VELOUTÉ



BÉCHAMEL



TOMATO

Mother Sauces

THRIVE provides you with four essential mother sauces that are the foundation for virtually any sauce, soup, or filling! Made from the highest quality ingredients to achieve a superior taste experience, THRIVE Sauces are the quick and easy way to turn any dish into a gourmet meal.

Visit www.ThriveLife.com/sauces

for other delicious Velouté sauce recipes, like:

Chicken and Rice

White Wine Tomato-Herb Sauce

THRIVE Sauces

Velouté



Serving Suggestion

64 SERVINGS

Net Wt 18.0 oz (1.12 lb) 512g

THRIVE™ www.EatThrive.com

Nutrition Facts

Serving Size 1 Tbsp. (8g)
(Makes ¼ cup prepared)
Serving Per Container About 64

Amount Per Serving

Calories 30 Calories from Fat 10

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 420mg 18%

Total Carbohydrate 4g 1%

Dietary Fiber 0g 0%

Sugars 1g

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.

Velouté

This rich gravy is just the thing for chicken dishes, pot pies, and casseroles.

Shelf Life: 10 Years

Best if used within 1 year of opening to maintain life sustaining nutritional value under optimal storage conditions. Opened ___/___/___.

INGREDIENTS: NONFAT DRY MILK, FOOD STARCH-MODIFIED, SALT, POTATO STARCH, MILK FAT, WHEY YEAST EXTRACT, DEXTROSE, SWEET CREAM, ONION POWDER, SUGAR, NONFAT MILK SOLIDS, MALTODEXTRIN, CARROT POWDER, NATURAL FLAVOR, CHICKEN FAT, MODIFIED CORN STARCH, CHICKEN FLAVOR, GUAR GUM, XANTHAN GUM, SPICES, SODIUM CASEINATE, SODIUM PHOSPHATE, VINEGAR SOLIDS, SILICON DIOXIDE (ANTICAKING AGENT), CITRIC ACID, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS: MILK.**

PROCESSED IN A FACILITY THAT HANDLES MILK, EGGS, WHEAT, & TREE NUT PRODUCTS.



Distributed By:

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