

Green Peas

Nutrition Facts	
21 servings per container	
Servings size	1/2 cup (28g)
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 18g	7%
Dietary Fiber 6g	21%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 2mg	10%
Potassium 310mg	6%

INGREDIENTS: GREEN PEAS.

Processed in a facility that handles milk, egg, soy, wheat, & coconut products.
CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.
 Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003

Raised on the vine and overflowing with crisp, sweet flavor. It's simply green peas!

- Snack from the can
- Mix with potatoes
- Bake into a casserole

However you want! Show us your creations at thrivelife.com/recipes

CHEF BITES

Add 1 cup of water to 1 cup of peas and soak until tender. Or simply toss into any creation, and off you go!

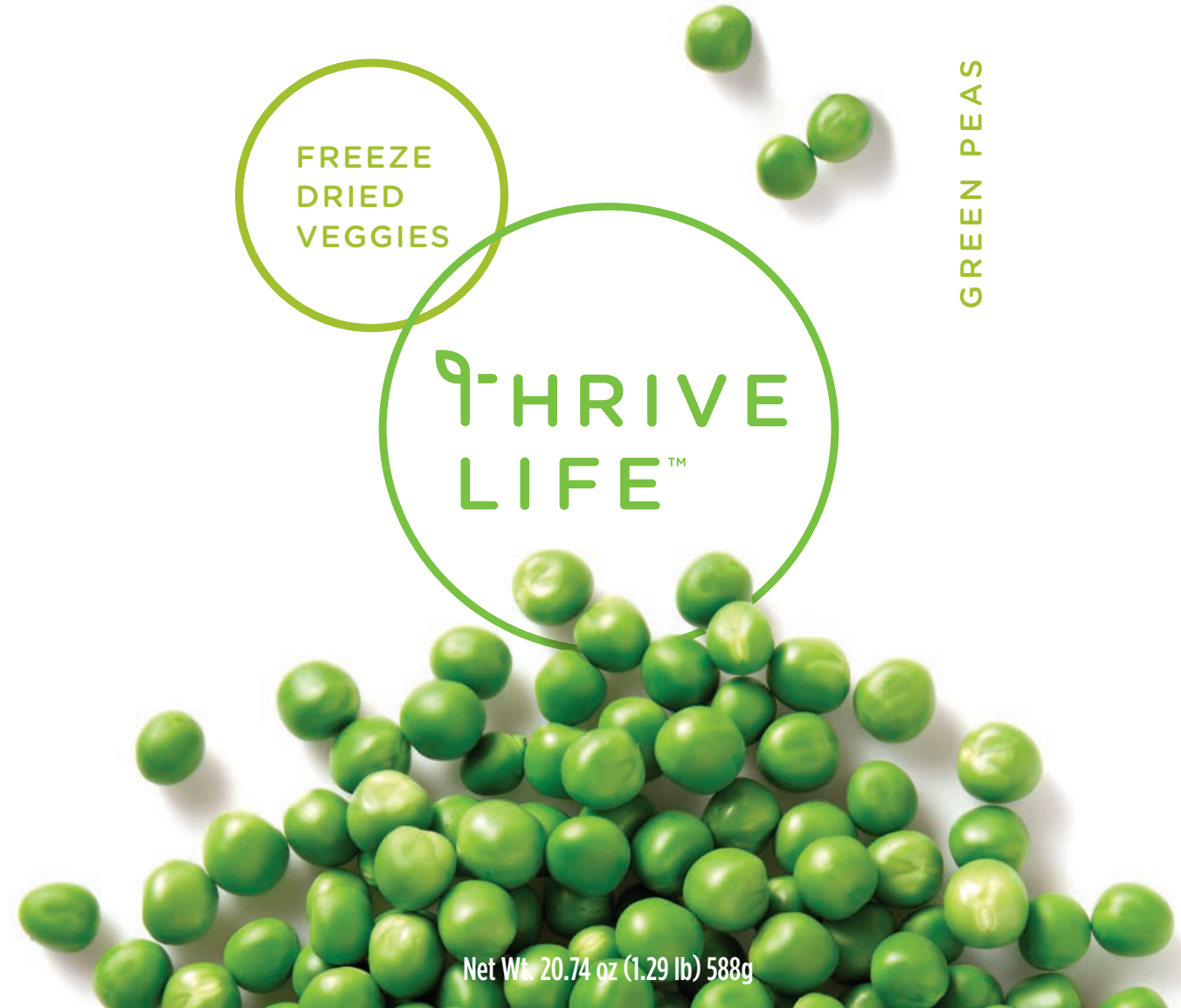
FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates, and enjoy tasty food anytime you want.



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GREEN PEAS



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Net Wt. 20.74 oz (1.29 lb) 588g

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