

What should I get first?

You can't go wrong, really. But these are some of our favorites, especially for newbies.



Simple Plate

Perfect for newbies, these meal kits will help you get dinner on the table in about 20 minutes.



Chef Packs

Learn how to craft recipes straight from the can. Get 6-7 recipes along with Thrive Life ingredients in every pack. Take the tour and you'll enjoy 29 recipes!



Snackies

Get a variety of nutritious, mess-free snacks you can enjoy on the go.



Get it all with a Newbie Pack

Enjoy 3 months of deliveries with products designed to turn you into a Thrive Master Chef. Pick your pack!



1

- 3 Simple Plate meals
- 1 Chef Pack (9-10 ingredients)
- 7 Snackies

CLASSIC
SIZE

\$199
per month*

FAMILY
SIZE

\$238
per month*

PLUS 5% OFF FIRST DELIVERY!

2

- 3 Simple Plate meals
- 1 Chef Pack (9-10 ingredients)

CLASSIC
SIZE

\$164
per month*

FAMILY
SIZE

\$203
per month*

PLUS 5% OFF FIRST DELIVERY!

3

Customize your Delivery

Choose from hundreds of **Snackies**, **Simple Plate** meals, and **Thrive** groceries!

Get free shipping on deliveries of \$100 or more

*Pricing varies minimally each month depending on exact products.

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Chef Packs

Every month you'll dive into a Chef Pack, featuring all the Thrive Life ingredients you need to whip up 6-7 dinner recipes.

Southwest Chicken Chef Pack

- Chicken Fajitas
- Zesty Black Beans
- Green Chili & Sweet Corn Brown Rice
- Tortilla Soup
- Corn & Cheddar Biscuits
- Chicken Pasta Skillet
- Effortless Queso Dip

PACK CONTENTS

Seasoned Chicken Slices	Instant Black Beans
Red Bell Peppers	Instant Brown Rice
Onion Slices	Chef's Choice Seasoning Blend
Green Chili Peppers	Velouté (Rich Chicken Gravy)
Sweet Corn	

Ground Beef Chef Pack

- Hearty Calzone
- Italian Baked Penne
- Classic Shepherd's Pie
- Weeknight Tacos
- Loaded Refried Beans
- Vegetable Medley

PACK CONTENTS

Ground Beef	Country White Dough Mix
Tomato Sauce	Instant Refried Beans
Chopped Onions	Mashed Potatoes
Tomato Dices	Italian Seasoning Blend
Green Beans	
Sweet Corn	

Pulled Pork Chef Pack

- Sweet and Sour Pulled Pork with Rice
- Open-Faced Pulled Pork Sandwich
- Pulled Pork Shepherd's Pie
- Pork Chile Verde
- Spanish Rice
- Steamed Green Beans with Red Peppers
- Loaded Mashed Potatoes

PACK CONTENTS

Pulled Pork	Espagnole (Savory Beef Gravy)
Onion Slices	Country White Dough Mix
Red Bell Peppers	Instant White Rice
Green Chili Peppers	
Green Beans	
Mashed Potatoes	

All pack contents come in pantry cans or seasoning cans

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