



Host Prep Sheet

- 1 Set a goal for attendees and sales amount.
- 2 Make a list of guests to invite. (see back)
- 3 Send out the party invitation postcards your consultant will provide you or send out e-mail invites through your party admin page.
- 4 Find out who's coming. Your consultant will contact you before your party to get a count of guests planning to attend so he/she can plan food for sampling.
- 5 Introduce guests to catalog/website before the party and get as many pre-orders as you can. Include those with interest who can't come to party.
- 6 Call guests to remind and encourage to bring spouse or someone else with them. Also encourage them to fill out their planner before the party so that they can get the most out of it.
- 7 Set yourself up on the THRIVE Q planner so that you can better understand how it works.
- 8 Prepare kitchen or any other room you may want the presentation to take place.
Kitchen Check List:
 - Blender
 - Cookie Sheets (2)
 - Soup pans (2)
 - Microwave
 - Knives
 - Spatula
 - Plastic Spatula
 - 8x8 dish (2)
 - Mixer or Mixing Bowls
 - Hot Pads
 - Wooden Spoons
 - Measuring Cups and Spoons
 - Whisk
- 9 Help the Consultant prepare a sampling dish at the party.
- 10 Enjoy yourself as you have fun with your family and friends at the party.
- 11 Encourage guests to host a party themselves.
- 12 Pick your Host Benefits when you have qualifying party sales.



40 Guests in 4 Minutes

If you need help jogging your memory of friends and acquaintances you could invite to attend your Shelf Reliance party, try the following “40 Guests in 4 Minutes” exercise!

You might be thinking that 40 sound like too many, but typically, only around half the guests you invite will be able to attend your party, so it’s important to invite more than you anticipate. Many factors affect a person’s ability to attend your party, so don’t be disappointed if certain people don’t come—they might be at the next one!

Now grab a pen and paper and try the following exercise. You’ll be surprised how quickly your list grows!

4 Relatives

4 People you do business with (bank, store, salon, etc.)

4 Friends

4 People who have invited you to a home party

4 Co-workers

4 Spouses’ co-workers or their spouses

4 Neighbors

4 Previous co-workers/neighbors

4 Church or social group contacts

4 Contacts through your children (PTA, scouts, dance, sports, teachers)
